

February 1 - June 7, 2018

## Winter Pilates Teacher Training Program 2018

Company: BodyTonic Pilates Gymnasium

Venue: BodyTonic Pilates Gymnasium

Location: Brooklyn, NY

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In this Teacher Training program, Jennifer DeLuca draws on her 20 years and well over 10,000 hours of teaching to unfold to the genius of Joseph H. Pilates' brilliant body of work. It is her passion to share this legacy with the next generation of teachers. She is dedicated to teaching students the exercises of the classical legacy with a grounded perspective on their application to everyday bodies. During Teacher Training you will get the information you need to teach, mentors to help you pull it all together and a learning center as a home base with a community of intelligent and supportive teachers and students.

For more information please visit: <https://body-tonic.com/teacher-training/>

BodyTonic Pilates Gymnasium  
150 Fifth Ave  
Brooklyn, NY, 11217  
718-622-6222  
<http://www.body-tonic.com>

Schedule  
February 1, 2018: 1:00pm  
March 1, 2018: 1:00pm  
April 12, 2018: 1:00pm  
May 3, 2018: 1:00pm  
June 7, 2018: 1:00pm

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