

FOR AUDIENCES

Community Calendar

Volunteering

Thursday, September 6, 2018 - Thursday, February 28, 2019

Witchcraft - A Corporeal Practice

Company: Movement Research Venue: MR@Gibney 280 Broadway Location: New York, NY ► Share | Print | Download



Photo by Amelia Tarpey

Witchcraft - A Corporeal Practice

September 6 - February 28

THU 10am-12pm

MR@Gibney 280 Broadway

This class explores movement, ritual and visualization as pathways toward re-patterning stagnant energy. The lunar calendar, seasons and astrology all have visceral effects, so we'll tap into what is already present to generate somatic healing. Our unique bodies will serve as guides through improvisations that align with these environmental influences.

<u>iele paloumpis</u> is a dance artist, educator, intuitive healer, and death doula. their healing work is rooted in kinesthetic awareness, Tarot, herbal medicine, and some astrological know-how – all within a trauma-informed framework that centers social justice.

Choreographic works have been shown through Brooklyn Arts Exchange, New York Live Arts, Dixon Place, the Flea Theater, Movement Research, Painted Bride Art Center, Franklin Street Works, and Taubman Arts. they've danced for niv Acosta, devynn emory, Jaamil Olawale Kosoko, Jen McGinn, Katy Pyle, Emily Wexler, and Nina Winthrop.

iele received a BA from Hollins University in 2006 and was awarded end of life doula certifications from Mount Sinai, Valley Hospice, and Deanna Cochran's Accompanying the Dying Program between 2014-16. iele has studied Tarot since 1996, most recently under the mentorship of Eva Yaa Asantewaa.

iele is currently developing a somatic practice addressing the needs of those who are moving through grief.

Movement Research 280 Broadway (Enter at 53A Chambers Street) New York, NY, 10007 2125980551 Schedule September 6, 2018: 10:00am September 13, 2018: 10:00am September 20, 2018: 10:00am September 27, 2018: 10:00am October 4, 2018: 10:00am