

April, 21-23, 2023

Wùo Tai: A New Vision of Bodywork

Company: Tranquila: Health and Wellness

Venue: Balance Arts Center

Location: New York, NY

► [Share](#) | [Print](#) | [Download](#)

Greetings,

Join us in a new paradigm of healing body work, a somatic movement practice where there are inherent healing abilities we hold within ourselves! Wùo Tai--A form of French osteopathy created by Roland Combes in 2003. This practice has spread around the world and will arrive in New York City in April 2023.

From April 21st through 23rd, participants will learn basic principles of Wùo Tai as well as an anatomical analysis of each gesture and how to utilize dance movements to assist in the restoration of their health and physical posture.

Participants will walk away with a series of Wùo Tai gestures that can be incorporated into pre-existing dance/movement techniques or serve as a stand alone technique. This event is open to all levels of dance experience!

The event will be facilitated in both Spanish and English, by Davide Stasi and Mariana Castañeda-Lopez

April 21, 5-8pm. April 22 & 23, 10am - 6pm.

For more information and to register for the event:

<https://fb.me/e/39RNYBZ6A>

Tranquila: Health and Wellness
151 W 30th Street
New York, NY, 10001
<https://fb.me/e/39RNYBZ6A>

Schedule
April 21, 2023: 5:00pm
April 22, 2023: 10:00am
April 23, 2023: 10:00am

[< back](#)

[previous listing](#) • [next listing](#)