

September, 17-24, 2022

Workshop

Company: HOLDTIGHT
Venue: the cell theatre
Location: New York, NY

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Walter Włodarczyk

As part of their residency at the cell theatre, HOLDTIGHT is offering two, open-level creative workshops. These workshops will guide attendees through an abbreviated version of the creative process for HOLDTIGHT's newest evening-length work titled *when the blossom passes, what remains?* which will premiere at the cell theater on September 9th, 2022. Content of the two-hour workshop includes meditation, prompted journaling and discussion, somatic movement, guided improvisation, and composition. The workshop will take place both indoors and in the backyard garden of the cell theatre where participants can physically connect with trees, plants, dirt, and sky. Director of HOLDTIGHT, Gwendolyn Gussman, will lead this workshop with assistance from multidisciplinary collaborators. These workshops are designed for bodies who want to move and explore, for individuals interested in developing new tools to use in their creative practice, and for those wanting to dive into the intersection between art, personal narrative, and nature.

HOLDTIGHT
338 W. 23rd Street
New York, NY, 10011
<https://www.tickettailor.com/events/thecelltheatre/742038#>

Schedule
September 17, 2022: 2:00pm
September 24, 2022: 2:00pm

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