January 19 - June 1, 2019

Yoga Flow, by donation

Company: Keoni Movement Arts
Venue: Stepping Out Studios
Location: New York, NY

Paul Keoni Chun

Taught in a traditional yoga flow style, but with a twist! - create fluidity by dancing your yoga, and spice it up further with some gymnastics moves on our padded tumbling mats. Great class for dancers and gymnasts. To make this accessible for dancers, this class is offered on a "by-donation" basis.

Keoni Movement Arts
37 W 26th St. @ 6th Ave. Floor 9
New York, NY, 10010
2126439013
http://www.keonimovementarts.org/class-payment/spring-teensadults-yoga-flow-saturdays-6z3mc

Schedule
January 19, 2019: 11:45am
January 26, 2019: 11:45am
February 2, 2019: 11:45am
February 9, 2019: 11:45am
February 16, 2019: 11:45am
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