

May, 17-19, 2014

Ziji Beth Goren: Workshop B, Immune Rhythms

Company: Movement Research

Venue: Movement Research at Eden's Expressway

Location: New York, NY

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Voice-Movement applications with Ziji Beth Goren The Immune System is a nomadic system which includes parts of many systems. How do we reach the core of our immune system through our own voicing and mobilizing? FIND NAME TOUCH EMBRACE SOUND/MOVE How does our fluid-membrane interaction enliven and inform our immune rhythms? What mythic archetypes influence both structural dynamics and emotional immunity? We explore the relationship of optimal health, sustainability, and creative flair within the layers of immune function. Come ready to explore, learn, recognize, and embody this powerful system!

Movement Research
537 Broadway, 4th floor
New York, NY, 10012
\$100

<http://www.movementresearch.org/classesworkshops/classdescriptions/?class=workshops#cw1004>

Schedule

May 17, 2014: 4:30pm

May 18, 2014: 4:30pm

May 19, 2014: 4:30pm

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