

Wednesday, November 12, 2025

dance practice (a dancefloor meditation)

Company: dance practice

Venue: L&SD; (Greenpoint: address sent with tickets)

Location: Brooklyn, NY

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guided movement + open floor: for the club rats, house heads, ballet dancers, voguers, old ravers, baby ravers, queerdos & everyone in between. each session begins with a group instruction on mindful movement & body awareness. instruction flows into a 1.5 hour freeform dance session, soundtracked by a guest dj. sit or lay down for the final portion of the evening, letting the sounds wash over you.

weds november 12: greenpoint

address & code will be emailed to ticketholders

7:30 doors

8 mindful movement Star Mitchell

8:30 dance session: Kiss Kiss

10 deep listening: Kiss Kiss

[ticket link](#)

Star Mitchell (they/them) is a transdisciplinary artist & choreographer walking in their creative audacity. a native New Yorker who creates movement in service of truth, memory, & transformation. incorporating modern, contemporary, & house styles as a way to release & awaken a portal of connection to our deepest self. they will be offering a movement flow that explores self devotion through sensuality, & moving meditation.

Kiss Kiss is a DJ based in Ridgewood, Queens. her selections across genres converge on a sound that is equal parts moody & groovy. she's driven & continually inspired by the alchemy in the music: the ability of sound to transmute emotion & connect people together. she helps curate sounds at the annual Doll Invasion in Fire Island Pines.

dance practice
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Brooklyn, NY, 11211
<http://www.dancepractice.nyc>

Schedule
November 12, 2025: 7:30pm

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