

November 29 - December 20, 2022

## floorWERK

Company: Queerly Femmetastic  
Venue: BAX Brooklyn Arts Exchange  
Location: Brooklyn, NY

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floorWERK: floor f\*ckery for ALL bodies!

How do YOU f\*ck it up on the floor? And get back up when you're done?

In this four-week series, I will support you to partner your body, re-framing "roadblocks" to sensual movement in and out of the floor as the building blocks of your personal style.

Capped at ten participants, this series is designed to leave tons of space for individual attention, and to help you build the framework you need to make sensual floor movement werk for you.

I am specifically equipped to support you in navigating:

- injury
- various levels of strength and/or flexibility
- joint pain, sensitivity or weakness
- visual impairment
- sensory overload
- gender non conformity

We will do this through:

- modifying tempo and pathway
- using the environment and/or props
- developing the practice of partnering ourselves
- finding YOUR sexy through embodiment and sensual pleasure
- looking at "roadblocks" through a strength assessment lens.

I am not equipped to support folks who cannot navigate stairs in this series, because the space (Brooklyn Arts Exchange) is located up several flights of stairs, with rest points in between. If you cannot navigate stairs, please stay tuned for next year's offerings.

The Nitty Gritty:

WHERE: Sessions at BAX Brooklyn Arts Exchange, 421 5th Ave, Brooklyn, NY 11215.

BAX is on the second and third floors of the building with stairwells that extend from the ground floor entrance to the building's third floor. There is no elevator or ramp at this time.

WHEN: Tuesdays 11/29 7:30-9pm, 12/6 8:30-10pm, 12/13 9-10pm, 12/20 7:45-9:15

COST: \$200\*

\*The registration fee is non-refundable! I ask that you plan to be as fully present for the full four weeks to receive the most from this series.

\*Minimum of 4 students required for workshop series.

\*Payment plans available. Please email me at [femmetasticqueerly@gmail.com](mailto:femmetasticqueerly@gmail.com) for details.

I can't wait to slither and twerk with you...

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Queerly Femmetastic

421 5th Ave

Brooklyn, NY, 11215

<https://forms.gle/oRbdAtZ7RFdY8dMj7>

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Schedule

November 29, 2022: 7:30pm, 7:45pm, 8:30pm, 9:00pm

December 6, 2022: 7:30pm

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