

Sunday, April 3, 2022

freeskewl x Dancewave Pedagogy/Poetic Entry // Shannon Murphy

Company: freeskewl

Venue: Dancewave

Location: Brooklyn, NY

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Sunday evening movement workshop with Shannon Murphy. Attend on Zoom or live at Dancewave.

About this event

Heartshakes: Pulses, Rhythms, and Reciprocity with Shannon Murphy

WORKSHOP DESCRIPTION:

Gestures of the heart, non romanticized, inspire this movement workshop. We will explore through movement, imagery, writing, and dialogue how the palm of the hand connects to the mediastinum supporting and surrounding the heart. Feeling for the poetics made visible to us through experiencing the part of ourselves we call heart. Shannon is a level three Franklin Method educator and will incorporate that into the workshop. Expect functional anatomy, guided imagery, improvisational movement explorations and circles containing reflections and conversations.

BIO:

Shannon Murphy is a dance artist/educator. She received her MFA in Dance from University of the Arts and is faculty for Franklin Method Institute, specializing in Franklin Method for dance. Through practice and performance she creates invitations for gathering practicing complexity, differentiation, and resilience. These practices model possible ways of being and being together through experiencing sensate, erotic, and imaginative explorations of biological metaphors. Recently her work was shared at the Painted Bride Art Center, Penn Museum, and as asynchronous performance in the form of zines/art books. As an adjunct professor she teaches in many places including UArts as the Curricular Head of Body Pathways at UArts developing programs to reduce injury and support healing for dancers.

Attend on Zoom or in-person at Dancewave (Gowanus, Brooklyn // Lenapehoking). NOTE: In-person spots are limited. KN95 or N95 masks and proof of vaccination (including booster) required. Please distance 3ft from others during class. You may not attend in person if you have had a COVID exposure, COVID symptoms, or been COVID-positive in the past ten days.

PAYMENT (SLIDING SCALE):

Unemployed/Under-employed: \$12-22

Employed: \$22-45

Artist Supporter: \$46-70

ACCESSIBILITY:

In-Person Option (Dancewave): Dancewave is a 1,400 sq foot studio is a fully ADA compliant and LEED-gold certified facility with a marley floor. The entrance to the building, studio, and bathrooms are all at ground level. Bathrooms are wheelchair accessible and gender neutral. Braille is available on all facilities signage. Wheelchair accessible entrance and pop up table for front desk check in .

Zoom Option: Rev Live Captions, which are computer automated CCs, are provided.

freeskewl
182 4th Ave.
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Schedule
April 3, 2022: 6:00pm

[< back](#)

[previous listing](#) • [next listing](#)