April, 6-9, 2020

ndiLIVE! Free online dance classes from National Dance Institute

Company: National Dance Institute (NDI)
Venue: National Dance Institute Center for Learning & the Arts
Location: New York, NY

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National Dance Institute has been at the forefront of learning in the arts since its founding over four decades ago. Our commitment to those we serve remains unwavering and, to that end, we are pleased to offer our audiences and communities ndiLIVE!, our platform of joyful and participatory free online classes.

Come Dance With Us!

Watch at https://www.facebook.com/nationaldanceinstitute/

NDI Dance! with Jennifer Aks-Neuman (All ages)

4 pm • Monday, April 6 on Facebook
Experience NDI's award-winning program! NDI Teaching Artist Jennifer Aks-Neuman will lead you through a warm-up and teach original choreography, with music created by NDI musicians.

Appalachian Clog Dance Workshop (All ages)

4 pm • Tuesday, April 7 on Facebook
NDI Teaching Artist Mary Kennedy will teach a second class of choreography from NDI's signature clog dance. She will break down the steps and review the beginning of the dance. This exciting opportunity gives everyone a chance to learn NDI repertory!

Warm-Up Wednesdays! (All ages)

8 am • Wednesday, April 8 on Facebook
Wake up with NDI Teaching Artist Calia Marshall for an electrifying four minute warm-up! Calia will incorporate high energy and flow with musical grooves from Todd Keller on guitar. This warm-up will fuel you with energy and strength for the rest of the day!

NDI Dance! with Jessi Colon (All ages)

4 pm • Wednesday, April 8 on Facebook
This is another chance to take an NDI dance class! NDI Teaching Artist Jessi Colon will lead you through a warm-up and teach original choreography, with music created by NDI musicians.

NDI Live Jam Session with Yakir Ben-Hur (All ages)

4 pm • Thursday, April 9 onFacebook
Join NDI Associate Music Director, Yakir Ben-Hur, in an energetic and exhilarating experience of body percussion! Get ready to explore how to make fun rhythms using your body and voice. Learn about unique instruments as Yakir teaches you different ways to make cool beats out of everyday items in your house.

Tune in for updated class schedules on our website, nationaldance.org and on NDI's social media channels through Instagram, Facebook, and Twitter.

Come dance with us!

National Dance Institute (NDI)
217 West 147th Street
New York, NY, 10039
http://nationaldance.org/ndilive/

Schedule
April 6, 2020: 4:00pm
April 7, 2020: 4:00pm
April 8, 2020: 8:00am, 4:00pm
April 9, 2020: 4:00pm

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