

June, 8-12, 2020

ndiLIVE! Free online dance classes from National Dance Institute

Company: National Dance Institute
 Venue: ONLINE - National Dance Institute
 Location: New York, NY

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Through our ndiLIVE! platform of free online classes, NDI teaching artists are leading children in signature NDI choreography, a variety of high-energy dance classes for all ability levels, plus a weekly music class. Join us from your homes and view ndiLIVE! free on Facebook, Instagram, and YouTube. All videos will be available on these platforms after the video has aired.

Schedule for June 8 through June 12, 2020

NDI Dance! with Tracy Straus (All ages)

4 pm EDT • Monday, June 8 on [Facebook](#), [Instagram](#), and [YouTube](#)

NDI Artistic Associate Tracy Straus leads an immersive NDI Dance class inspired by the incredible artists, musicians, and performers from the 1940s! Through music and dance, Tracy highlights the swinging energetic sounds of big bands and the brilliance of Fred Astaire, Duke Ellington, Ella Fitzgerald, Dali, and more. During the 1940s, dance was a way to come together and rebuild. In the spirit of community, Tracy invites you to dance with high-energy and your own creativity!

DREAM Project@Home (All ages and all abilities)

4 pm EDT • Tuesday, June 9 on [Facebook](#), [Instagram](#), and [YouTube](#)

To view with closed captioning, please watch on YouTube.

NDI's DREAM Project (Dancers Realize Excellence through Arts and Movement) is going live! This series of four 30 minute classes focuses on introducing the NDI style of dance class to children with a wide variety of abilities. Kay Gayner (NDI Associate Artistic Director), Agnes McConlogue Ferro (Board Certified Pediatric Physical Therapist), Jerron Herman (NDI Teaching Artist), and children with and without disabilities from the NDI DREAM community provide strategies for adapting movement for different levels of abilities. Steps are broken down and choreography builds throughout the series culminating in a mini-performance.

Join us and share this class with your community for a dance experience that is one of a kind! Families and children of all ages and with a wide variety of abilities are encouraged to participate!

Warm-Up Wednesdays! (All ages)

8 am EDT • Wednesday, June 10 on [Facebook](#), [Instagram](#), and [YouTube](#)

NDI Teaching Artist Kelly Buwalda has an upbeat disco warm-up for you! She uses NDI's high-energy movement vocabulary to strengthen your muscles and wake up the body. Music from NDI musicians adds joy and positivity to uplift your day.

NDI Choreography Workshop: "Why Dance...Because!" with Jessi Colón (All ages)

4 pm EDT • Wednesday, June 10 on [Facebook](#), [Instagram](#), and [YouTube](#)

NDI Teaching Artist and Alumna, Jessi Colón guides you through a section of choreography from "Why Dance... Because!," a classic NDI repertory piece. "Why Dance...Because!" (also known as "Jump!") was choreographed by Michael Owens in the early 1990's and has been performed at events to this day, including alumni homecoming. Joined by NDI Music Director Jerry Korman, let's learn a section and watch the Celebration Team perform a special edition of this cherished piece. "Why Dance...Because!" will make you want to get up and dance!

NDI DREAM Project (All ages and all abilities)

4 pm EDT • Thursday, June 4 on [Facebook](#), [Instagram](#), and [YouTube](#)

To view with closed captioning, please watch on YouTube.

NDI's DREAM Project (Dancers Realize Excellence through Arts and Movement) is going live! This series of four 30 minute classes focuses on introducing the NDI style of dance class to children with a wide variety of abilities. NDI teaching artists, our Board Certified Pediatric Physical Therapist partner, and children with and without disabilities from the NDI DREAM community provide strategies for adapting movement for different levels of abilities. Steps are broken down and choreography builds throughout the series culminating in a mini-performance.

Join us and share this class with your community for a dance experience that is one of a kind! Families and children of all ages and with a wide

variety of abilities are encouraged to participate!

NDI Arts Encounter with Jennifer Aks-Neuman (All ages)

4 pm EDT • Thursday, June 11 on [Facebook](#), [Instagram](#), and [YouTube](#)

Put your imagination caps on! Join NDI Teaching Artist Jennifer Aks-Neuman in a joyous movement experience for young learners. Jen introduces shapes and images to spark inspiration for creative movement. The dancing will be accompanied by NDI Musician, Ly Bedaña.

Tap with Leonardo Sandoval, NDI's Artist-in-Residence (All ages)

4 pm EDT • Friday, June 12 on [Facebook](#), [Instagram](#), and [YouTube](#)

In this open-level tap class, NDI's Artist-in-Residence Leonardo Sandoval introduces you to basic steps, putting them together into a short combination. This combination was taught to him in Brazil by his mentor and is inspired by the legendary Bill "Bojangles" Robinson. Leonardo is NDI's first Artist-in-Residence and has been working with NDI for 2019-2020. No tap shoes are necessary to participate in the class!

National Dance Institute
217 West 147th Street
New York, NY, 10039

Schedule

June 8, 2020: 4:00pm

June 9, 2020: 4:00pm

June 10, 2020: 8:00am, 4:00pm

June 11, 2020: 4:00pm

June 12, 2020: 4:00pm

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