

May 4 - June 22, 2016

Bartenieff Fundamentals with Alexandra Beller

Company: Alexandra Beller
Venue: Spoke the Hub
Location: Brooklyn, NY

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Bartenieff Fundamentals



photo of Toni Melaas by Steven Schreiber

Bartenieff focuses on improving body mechanics, increasing efficient movement patterns, and conditioning the body to choose the most organic functional pathway for any given movement situation.

Classes held Wednesdays 11am-12:30pm at Spoke the Hub Gowanus

No class April 27

Alexandra Beller
295 Douglass St
Brooklyn, NY, 11217
<http://alexandrabellerdances.org>

Schedule
March 16, 2016: 8:00pm

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