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March 28 - August 30, 2020

Introduction to Bartenieff Fundamentals (BF)

Company: Laban Institute of Movement Studies
Venue: Laban Institute of Movement Studies
Location: Brooklyn, NY

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Our Intensive 2-Day Weekend Workshop: Introduction to Bartenieff Fundamentals (BF) runs from 10:00AM to 6:00PM on Saturday & Sunday and is taught by experienced LIMS Certified Movement Analysts (CMAs).

Bartenieff Fundamentals (BF) are a set of principles and unique movement exercises developed by physiotherapist and dancer Irmgard Bartenieff. Her methodology explores the principles of kinesiological functioning, which can be used to observe, explore and analyze our bodies in motion. Immerse yourself in an extraordinary, integrative movement experience that goes beyond technique and can be extended into all types of movement possibilities. Explore the underlying principles of movement through the lens of Bartenieff: this pioneer somatic movement approach continues to inform and change the fitness, performing arts, and communication worlds.

Required for entry for the LIMS® Certification Program in Laban Movement Studies.

It is highly recommended that this workshop be taken in conjunction with Introduction to Laban Movement Analysis (LMA).

Email Education@LabanInstitute.org for more information.

<https://labaninstitute.org/introductory-courses/>

Laban Institute of Movement Studies
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<https://www.eventbrite.com/e/introduction-to-bartenieff-fundamentals-bf-2019-tickets-42245954788>

Schedule

March 28, 2020: 10:00am
March 29, 2020: 10:00am
May 23, 2020: 10:00am
May 24, 2020: 10:00am
August 29, 2020: 10:00am
August 30, 2020: 10:00am

