

February 2 - August 18, 2016

Klein Technique™ with Barbara Mahler

Company: Movement Research

Venue: Eden's Expressway

Location: New York, NY

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Klein Technique™ with Barbara Mahler – for movers of all kinds

February 2 – August 18

T TH 10am-12pm

Eden's Expressway, 537 Broadway

\$14

The work in class engages us in a process that facilitates changes in the way we see, use, and relate to our bodies moving in space. We work with the deep connections closest to the bones, particularly in the pelvis, which frees the upper body to move with ease and expression. Working on the level of the bone, we find better functionality, creativity, and well-being.

Barbara Mahler is a widely respected choreographer, movement educator, Zero Balancing Faculty and Practitioner, and a recipient of a 2013 BAX Arts Educator Award. She travels extensively in all of these capacities, and is a certified teacher and major contributor in the outreach of Klein Technique™. An alumni of Hunter College NYC, she holds an MFA from the University of Wisconsin-Milwaukee. www.barbaramahler.net

Movement Research
537 Broadway 4th Floor
New York, NY, 10012
\$14

Schedule
February 2, 2016: 8:00pm

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