

February, 1-26, 2016

Morning Class with Luis Lara Malvacías

Company: Movement Research

Venue: Movement Research at Eden's Expressway

Location: New York, NY

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Image by Paul Glazier

Luis Lara Malvacías

February 1-26

M W F 10am-12pm

MR@Eden's Expressway

My class offers an open space for the sharing of knowledge that has resulted from my practice of several somatic techniques. We will focus on breath, internal structure, weight and the body's articulations and organization, as a way to fine-tune our own needs and our own range of mobility. We will move in this collective space through improvisations and set phrase material.

Luis Lara Malvacías (Venezuela) has presented work in NY at DTW, PS122, Danspace Project and The Kitchen, among other venues in the city. He has taught and created work at several institutions in the U.S. and regularly teaches and presents work in Europe, South America and Asia. He has been a Movement Research Artist-in-Residence and is the recipient of a 2006 NYFA Fellowship for Choreography.

Movement Research
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\$14

Schedule
February 2, 2016: 8:00pm

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