



new yorkers for dance.

FOR AUDIENCES

[Community Calendar](#) | [Artist Directories](#) | [Networks](#) | [Volunteering](#) | [Donate](#)

Monday, November 19, 2018 - Wednesday, December 25, 2019

Pilates Class

Company: RIOULT DANCE CENTER

Venue: RIOULT DANCE CENTER

Location: Astoria, NY

[Share](#) | [Print](#) | [Download](#)

Pilates classes are designed to work out the whole body in an efficient and balanced way. Pilates puts you in touch with the most effective ways to work within the body. Pilates classes develop a solid, balanced core, while improving strength, flexibility, mobility, stability, and posture, allowing for graceful and easeful movement

Instructor: Jesse Barnett
Mondays 7:30AM-8:30AM

Instructor: Jenny Gillian-Powell
Wednesdays 7:00PM-8:00PM

Single Class: \$16

5 Class Card: \$70

10 Class Card: \$130

20 Class Card: \$240

RIOULT Dance Center is conveniently located across from the Steinway St. subway station. Entrance on 34th Ave.

RIOULT DANCE CENTER
34-01 Steinway Street, 2nd floor (entrance on 34th Ave.)
Astoria, NY, 11101

Schedule
November 19, 2018: 7:30am
November 21, 2018:

Powered by [Google Translate](#)

[< back](#)

[previous listing](#) • [next listing](#)

ABOUT

[Mission](#)

[People](#)

[Board and Committees](#)

[Junior Committee](#)

[Funders](#)

[Staff](#)

[Volunteers](#)

[Contact](#)

[Donate](#)

PROGRAMS

[Overview](#)

[Events](#)

[Events](#)

[Symposium](#)

[Photos](#)

[Videos](#)

[Research](#)

[Funds](#)

[Artist Residency](#)

[Rehearsal Space Subsidy](#)

[Dance Advancement](#)

[Disability, Dance, Artistry](#)

[Emergency Response](#)

[Junior Committee](#)

[About](#)

[Member Bios](#)

[JComm Blog](#)

[Apply](#)

JUSTICE

[Values](#)

[Partners](#)

[Disability, Dance, Artistry](#)

[About](#)

[Task Force](#)

[Research](#)

[Events](#)

[Fund](#)

[Artist Residency](#)

[Network](#)

[Dance Maker Directory](#)

[Resources](#)

[Accessible Spaces](#)

[Immigrants, Dance, Arts](#)

[About](#)

[Task Force](#)

[Research](#)

[Events](#)

[Network](#)

[Dance Maker Directory](#)

[Resources](#)

NEWS

[Field News](#)

[Junior Committee Blog](#)

[Huffington Post](#)

FOR ARTISTS

[Listings](#)

[Auditions](#)
[Choreographic Opportunities](#)
[Jobs & Internships](#)
[Volunteering](#)
[Listing & Ad Options](#)
[Login/Post](#)

[Resource Pages](#)

[Disability, Dance, Artistry](#)
[Fiscal Sponsorship](#)
[Immigrants, Dance, Arts](#)
[Rehearsal Space](#)
[Sexual Harassment](#)

[Partner Sites](#)

[The Bessies](#)
[CultureAID](#)
[Kickstarter](#)
[Library for the Performing Arts](#)
[SpaceFinder](#)

[Listing & Ad Options](#)
[Login/Post](#)

FOR AUDIENCES

[Community Calendar](#)
[Artist Directories](#)

[Disability, Dance, Artistry](#)
[Immigrants, Dance, Arts](#)

[Networks](#)

[Disability, Dance, Artistry](#)
[Immigrants, Dance, Arts](#)

[Volunteering](#)
[Donate](#)

Contact

info@dance.nyc 212-966-4452 218 East 18th Street, 4th Floor, NY, NY 10003-3694

[Twitter](#) [Facebook](#) [YouTube](#)

Copyright © 2019 Dance/NYC [Privacy Policy](#) [Terms of Use](#) [Sitemap](#)

Design by Monroe&Co • Designed & Powered by Design Brooklyn

