



new yorkers for dance.

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Saturday, September 7, 2019 - Saturday, February 29, 2020

## The Athletics of Intimacy

Company: Movement Research

Venue: Eden's Expressway

Location: New York, NY

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HIC SVNT DRACONES by K.J. Holmes with dancers Luke George and Devika Wickremesinghe, and cellist Lori Goldston.

Ian Douglas

### THE ATHLETICS OF INTIMACY WITH K.J. HOLMES

SAT 11am-1pm

Eden's Expressway

537 Broadway, 4th Fl

Class combines skills and applications of somatic researches that include release techniques and body mind practices such as Body-Mind Centering® systems and patterns of development and evolution, embodiments of Contact Improvisation, and tunings of somatic approaches within solo, duet (strong emphasis on partnering) and ensemble dancing. The interest and focus is in the very physical, sensorial and imaginative, and in discovering new challenges and risks within our movement – of both body and mind – towards improvisational and compositional processes.

#### ABOUT K.J. HOLMES:

K.J. Holmes, a Brooklyn based danceartist/actor/singer/writer, travels nationally and internationally teaching/performing/creating. K.J. has been exploring improvisation as process and performance since 1981. She has collaborated extensively with Julie Carr, Simone Fort, Karen Nelson, Lisa Nelson and Image Lab, Steve Paxton; has performed in the work of Miguel Gutierrez and the Powerful People, Xavier Le Roy, Lance Gries, Mark Dendy, Melinda Ring, Karinne Keithley Syers, among many others; was cast in Matthew Barney's new film Redoubt; collaborates with drummer Jeremy Carlstedt in L.I.P. (Love Is Power, MLKjr); teaches at NYU/ETW, The Juilliard School, Sarah Lawrence College and Movement Research; is a graduate of the School for Body Mind Centering(r), William Esper Studio (Meisner acting with master teacher Terry Knickerbocker), Satya Yoga (with Sondra Loring) and continues to study voice with the coaching of Richard Armstrong. K.J. is currently devising a new piece titled 900 Bees Are Humming, a multi disciplinary work exploring life, death and transformation. Her work has been presented by many venues including The Chocolate Factory, PS122, Danspace Project, Mana Contemporary Chicago, The Belfry, Chashama, Dixon Place.

Accessibility: Please contact Julienne Rencher, [juliennerencher@movementresearch.org](mailto:juliennerencher@movementresearch.org) or (212) 598-0551 (voice only) for access requests or questions.

*\*\*All classes are subject to change. For the most up-to-date information, please consult the Movement Research calendar: <https://movementresearch.org/calendar>.*

Movement Research  
537 Broadway 4th Fl  
New York, NY, 10012  
2125980551

#### Schedule

September 7, 2019: 11:00am

September 14, 2019: 11:00am

September 21, 2019: 11:00am

September 28, 2019: 11:00am

October 5, 2019: 11:00am

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