

Sunday, March 17, 2019

Women's Self Defense Seminar

Company: Cetral Park Taekwondo
Venue: Central Park Taekwondo
Location: New York City, NY

► [Share](#) | [Print](#) | [Download](#)

Women's Self Defense Seminar
Master Instructor: Teresa Throckmorton (6th Dan)

**ARE YOU PREPARED TO
FIGHT BACK?**



Venue:
Central Park Taekwondo
50 W 72nd Street
NY 10023

Date:
Sunday, March 17, 2019

Time:
11.30 am - 1.00 pm

Fees:
\$50/member
\$75/non-member

To register please email us at info@cptkd.com
or call us at 212-419-4810

Join us this Sunday, 3/17, for a Women's Self Defense Seminar with Master Teresa Throckmorton (6th Dan, Taekwondo). The workshop will run from 11:30am - 1:00pm focusing on self defense drills and techniques to defend yourself in any situation.

CPTKD members: \$50

Non-members: \$75

Please note: You must pre-register to participate! Registration closes tonight at midnight.

Email: info@cptkd.com to register or call 212 419 4810. See the flier below for more details.

Don't be a victim. Be prepared to fight back.

Cetral Park Taekwondo
50 W 72nd Street
New York City, NY, 10023
212-419-4810

Schedule
March 17, 2019: 11:00am

[< back](#)

[previous listing](#) • [next listing](#)