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August 7, 2025

Contemporary Floorwork & Partnering Workshop

Come take an intermediate floorwork and partnering workshop with director of rogue wave, Catherine Messina, and professional dancer/creator Aryanna Allen. Class will include a juicy warmup, partnering basics, rogue wave rep, and floorwork fundamentals. Workshop is dedicated towards the intermediate dancer, but anyone could benefit through scaffolding, modifications, and speed based groups. Rogue...



August 5, 2025

Call for Heels Dance Performance

HEELS DANCE NIGHT OPEN CALL! NYC's fiercest dancers, it's your time to SLAY! QIAA is bringing a fierce, fabulous, and fearless Heels Dance Party Night to Nebula NYC – and we're calling all performers ready to light up the stage! Date: Friday, August 29, 2025 Location: Nebula NYC, 135 W 41st St, New York Time: 8:00PM - 11:00PM (Tech rehearsal and performance) WHO WE'RE LOOKING FOR Group...



August 4, 2025

Join a supportive training company

DCL Season 3 Submissions About: We are a dance training company with weekly rehearsals founded on the principles of LEARNING through inclusive practices, GROWING through mutual support creating a brave space to be pushed outside of your comfort zone, ACCE?SSING high-level training without financial barriers, and PRODUCING work with like-minded artists. We've built our community to hang out, make...



July 29, 2025

AUG 10 - FREE CONTEMPORARY FORMS X PLAY MOTION LAB FEAT. NIKAIO BULAN SAHAR THOMASHOW

ABOUT US The mission of Play Motion Lab began in an effort to provide affordable classes and workshops as the cost of open classes, workshops, and training for dancers continues to rise unsustainably. It has now expanded as a groundswell and niche space to build community amongst professional dancers actively working in New York. To date we have served over 200+ dancers and held monthly workshops...



July 28, 2025

Contact Improvisation/Butoh Workshop this Saturday 8/2

Saturday, August 2 from 12-3 pm at Kestrels 188 6th St. Brooklyn, NY This workshop, entitled "Interbeing", facilitated by Eilish Henderson will act as a continuing inquiry into the ways in which we can approach contact improvisation from a butoh lens. The essence of our being is interbeing- with eternal and necessary threads connecting us to the land, rivers, and one another. Grounded...



July 26, 2025

Boston Dance Theater's 2025 Summer Immersion Project + Open Call Audition!

The Summer Immersion Project (SIP) is designed as a rigorous training experience for motivated dancers, ages 18 and older, within a professional contemporary repertory dance company environment. During SIP you will study, rehearse and perform with co-artistic director Jessie Jeanne Stinnett and the dance artists of Boston Dance Theater. SIP provides a deep dive into learning BDT repertory and rehearsal...

July 23, 2025

Partnerfusion Workshop

Partnerfusion Training- multiple styles of partnerwork for dance and theatre professionals! In our signature workshop, students will learn fundamental partner skills in a variety of different dance traditions, including Pas De Deux, Contact Improvisation, Waltz, Salsa, and Lindy Hop. This workshop also includes modules on Injury Prevention, Anatomy and Partner dance cross- training, Boundary...



July 22, 2025

Donation Class for Professional Dancers

Class date: Saturday July 26 Time: 1-3pm Location: BAX (Brooklyn Arts Exchange) 421 Fifth Ave Brooklyn, NY 11215 Pre-registration required: bit.ly/bodyinplayclass Vibes: sweaty, silly, theatrical, tender. This class is intended for advanced-professional movers who have experience in contact work and improvisation. Class will include a thorough warm up, improv games, theatrical exercises,



