

► [Share](#) | [Print](#) | [Download](#)

pilates



Category:

All Auditions Choreographic Opportunities Funding Opportunities **Jobs & Internships** Volunteering Training Photo & Video

Listings and advertisements on Dance.NYC are all user-generated. The inclusion of content by any user does not constitute an endorsement by Dance/NYC of that individual or organization's views. Please write to info@dance.nyc if you have any questions or would like to flag a listing or advertisement.

To learn more about posting free listings and purchasing low-cost advertisements to reach Dance/NYC's audiences:

PLACE LISTINGS OR PURCHASE ADS

September 6, 2025

Pilates and/or Gyrotonic instructor

Mind Your Body studio is hiring one Pilates instructor as well as one Gyrotonic instructor. We are a leading studio on the UES NYC. We are looking for individuals who can work well independently and as a team. We are a well established business with a strong, retained client base. The studio offers Pilates apparatus private lessons and classes. The Gyrotonic lessons are offered as private...



August 28, 2025

GYROTONIC Instructor

Mind Your Body Pilates & GYROTONIC is hiring an instructor. We are dedicated to continue offering Gyro privately and as Duets in our boutique format. Our studio offers the Expansion System and Jump Stretch Board and the use of Mat, props and open space. MYB studios is a thriving Pilates studio but the Gyrotonic offerings is an integral part of our 30-year history and we are looking for that special...



August 24, 2025

hiring bodycraft trainers (dance + strength)!!

we are bodycraft! founded in 2018 by professional modern dancer and personal trainer Emily Diers, bodycraft is a vibrant modality blending dance cardio and strength training to create a seamless flow experience. we exist to help others connect to their body, heart, and expression through thoughtfully-guided movement and community connection. we are looking for bodycraft trainers to join our team and...



August 22, 2025

Fully Certified Pilates Instructors- Flying Squirrel Studios

Hello Pilates instructors! Flying Squirrel Studios in the East Village is now hiring. We are a well established, boutique studio with longstanding awesome clientele that you will love. The neighborhood is vibrant, full of gardens and cafes and still offers that old NYC charm. Good vibes all around! If you are a motivated, detail oriented instructor looking to work in an intimate environment that promotes...



August 20, 2025

After-School Program Faculty Member

About ALDEN MOVES: At ALDEN MOVES, we invite students to adventure into dance-to discover the freedom of movement, the joy of creation, and the artistry of expression. Rooted in classical training and propelled by contemporary exploration, we're reexamining and reinventing the institutional mold to move dance forward-and to show that dance, at its core, is more inclusive than exclusive. About...



August 12, 2025

Seeking Experienced Barre and Cardio Fitness Instructors

MOVE. MAKE. BLOOM. is seeking experienced Barre and Cardio Dance instructors for regularly scheduled classes. Subbing availability is a plus but not mandatory. We welcome instructors versed in multiple fitness and dance genres, including ballet, contemporary, modern, jazz, tap, street jazz, barre, cardio, stretch & mobility, Pilates, yoga, or other dance and fitness forms; though these are not required. ...



August 12, 2025

Seeking Substitute Dance and Fitness Instructors

MOVE. MAKE. BLOOM. invites qualified dance and fitness instructors to join our substitute roster for a variety of classes. Ideal candidates have experience in ballet, contemporary, modern, jazz, tap, street jazz, barre, cardio, stretch & mobility, Pilates, yoga, or other dance and fitness forms. Multi-genre expertise is a plus but not required. We value instructors passionate about fostering...



July 31, 2025

Seeking UWS Pilates Trainer

Kinespirit is looking for an experienced Pilates trainer. Looking for regular weekly availability for private sessions and group classes, with preference going to candidates available a minimum of two shifts per week. At least one weekend shift weekly. The opportunity



for additional shifts or hours may become available. Must have certification for mat and ALL apparatus. Start date as early as August...