Tuesday, May 29, 2012

FORSYTHE workshop w/ Helen Pickett FINAL DAYS TO REGISTER

Please contact terrafirmadance@hotmail.com or call 646.499.0113 for more information

One-day only! Register now !
On Thursday, June 7th, Helen Pickett will be offering a one-day intensive based upon the work of William Forsythe.
The intensive is held at City Center Studios and begins at 10AM.
In this workshop you will learn the basic foundation of the Forsythe technique. The class will incorporate the fundamental warm-up, intrinsic to understanding the technique, and then move onto basic modalities. This particular improvisational technique enables each person to access movement, in part, by interpreting their body in space – a different version of space! All dimensions of your body will be challenged.
For over a decade Helen performed with William Forsythe's Ballet Frankfurt. During her last season with Ballet Frankfurt, Helen simultaneously performed with The Wooster Group, director, Elizabeth Le Compte. She acted with the Group for six years in the OBIE award winning *House/Lights*, and *North Atlantic*. In 2005, Helen returned to the role *Agnes*, as a guest artist with The Royal Ballet of Flanders, in William Forsythe's *Impressing the Czar*. In 2009, *Impressing the Czar* received the Laurence Olivier Award.

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