

Tuesday, May 1, 2012

## workshop and performance opportunity at Peridance

Peridance Capezio Center 126 East 13th Street New York, NY 10003 U.S.A 212.505.0886 info@peridance.com ▶ [Share](#) | [Print](#) | [Download](#)

European Modern Dance Technique and Repertoire performance workshop with Nejla Y. Yarkin (NY2Dance) May 14, 2012 - May 19, 2012; Mon - Sat

Monday-Friday: 11:30 AM - 1:00 PM

Saturday: 9:30 AM - 11:00 AM

Nejla Yarkin's Mosaic class begins with a thorough warm-up focused on strengthening, lengthening, and preparing the body for an investigation of movement possibilities. With a weighted approach, we explore exercises that redirect momentum in and out of the floor and up into the air. This cultivates a sense of ease that allows for an alert dancer, conscious of the body's architecture in off-balance, explosive, and suspended three-dimensional situations.

We also tackle improvisational problems often using partnered work in dialogue with set phrasework to encourage spatially aware intuitive choice-making. At the base of this class is a joy of movement captured in a final dance that is a complex play of full-bodied potential through space.

There will be a studio performance during class of the material developed throughout the week on Saturday, May 19th.

For more information on Nejla Yarkin visit her website at [www.ny2dance.com](http://www.ny2dance.com) to sign up visit [Peridance Capezio Center](#)

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