

Tuesday, September 11, 2012

Learn to do Thai Massage

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With Al Turner II, LMT, NMT, RTT
Director of Two Souls Thai Massage

The Thai Massage Basic Level Course provides students with a working knowledge of Thai Massage through traditional wellness postures and variations, extensive application techniques, and energetic balancing and self-maintenance. Drawing from the extensive wellness routines which incorporate numerous postures and techniques from the Front, Side Lying, Back and Seated protocols, students will be able to apply skills learned to facilitate wellness and therapeutic relief from back pain, headaches, menstrual concerns, chronic stress, structural misalignment, depression and more.

Students may register for the full 8-week Intensive Course, or a la carte by selecting from Supine, Prone, Side Lying, and Seated Posture Protocols. Please note that the Supine Postures Protocols is a prerequisite for the other sections.

Intensive Course Schedule

September 30 10:00am – 7:00pm

October 7 10:00am – 7:00pm

October 14 10:00am – 7:00pm

October 21 10:00am – 7:00pm

October 28 10:00am – 7:00pm

November 4 10:00am – 7:00pm

November 11 10:00am – 7:00pm

November 18 10:00am – 7:00pm

**A final, required Sunday class will be scheduled after practice hours have been completed.*

A La Carte Schedule

Supine Postures Protocols

September 30 10:00am – 7:00pm

October 7 10:00am – 7:00pm

October 14 10:00am – 2:00pm

Prone Postures Protocols

October 14 3:00pm – 7:00pm

October 21 10:00am – 7:00pm

Side Lying Postures Protocols

October 28 10:00am – 7:00pm

November 4 10:00am – 7:00pm

Seated Postures Protocols

November 11 10:00am – 7:00pm

November 18 10:00am – 2:00pm

Course Fees

Intensive Course: \$950 non-member, \$855 member, \$435 + 30 points Visa

A La Carte

Supine Postures Protocols: \$350 non-member, \$315 member, \$245 + 5 points Visa

Prone Postures Protocols: \$225 non-member, \$202.50 member, \$160.50 + 3points

Side Lying Postures Protocols: \$275 non-member, \$247.50 member, \$191.50 + 4points

Seated Postures Protocols: \$225 non-member, \$202.50 member, \$160.50 + 3 points Visa

**A \$100 deposit is required upon registration to secure a place in the course.*

To register, please contact Hannah Seidel at hseidel@dnadance.org or 212.625.8369 x206.

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[< back](#)

[previous listing](#) • [next listing](#)