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GYROTONIC (R) - Special Rates for Dancers

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Have an injury?

Feeling tight or stiff in certain parts of your body?

Or just want to increase your range of movement, strength and flexibility?

GYROTONIC(R) is great for everybody. Some people call it the 'new pilates' but it is way better and different. Check out this video link about GYROTONIC(R) and you will understand why I say that GYROTONIC(R) is like dancing with the towers: http://www.youtube.com/watch?v=JTzdfAYRMw&feature=player_embedded

11-hour Private Session: \$50 (most places usually charge \$80 and above)

10 1-hour Private Sessions: \$450

11-hour Semi-Private/Duet Session: \$35 per person

10 1-hour Semi-Private/Duet Sessions: \$300 per person

11-hour Trio Session: \$25 per person

For groups 4 or more to form a private class (maximum 8/10 people depending on day and time): \$20 per person

These special rates till July 2013 only!

Email amandataysw@gmail.com for enquiries and appointment booking.

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