

Tuesday, March 5, 2013

Pilates Mat Certification

info@sanctuarypilates.com 212-427-6047

► [Share](#) | [Print](#) | [Download](#)

Learn to teach the foundational, beginner and intermediate exercises of Sanctuary Pilates Matwork as well as learn to analyze bodies in the Artibee Method. Training dates are intensive and include all manuals and supporting materials. Self practice, observation and student teaching hours are required for a Sanctuary Mat Certificate. Total Cost \$1100. Sign up with two or more people and receive a 15% discount.

The workshop will take place on:

Friday 4/12/13 6-8pm

Saturday 4/12/13 11am-6pm

Sunday 4/13/13 11am-6pm

info@sanctuarypilates.com 212-427-6047

[< back](#)

[previous listing](#) • [next listing](#)