

Tuesday, November 5, 2013

Refine Method Seeks Instructors for Boutique Fitness Studio

info@refinemethod.com

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Seeking high-energy, professional and passionate group exercise instructors for Refine Method (www.refinemethod.com), a high-end boutique studio with locations on the Upper East Side and the Upper West Side, focusing on small group circuit training.

The ideal candidate:

- Has the personality to build a strong client following (charismatic, positive, compassionate, commanding)
- Has the professionalism to handle the responsibilities of the job (on time, reliable, team player, neat appearance)
- Has a solid understanding of how the body works and a desire to continue to learn more (comfortable with hands-on corrections and verbal cues, knowledge of modifications for special populations, interest in remaining current on the latest information in exercise science)
- Teaching experience is not required, but a plus. We will be providing training in our method (must be able to manage groups of 15 plus people, have the stamina to teach multiple classes in a row, understand how to pace a class)

Please look at our website for information on our program and general class shifts. Highly competitive salary. Please email a resume, head shot and any scheduling limitations (ex., I can't teach Saturdays) to info@refinemethod.com.

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