

Wednesday, January 15, 2014

Workshop/Audition with Mare Nostrum Elements

REGISTER for the workshops at: www.peridance.com/wsdetail.cfm Visit Mare Nostrum Elements' website for more information: mnelements.org ▶ [Share](#) | [Print](#) | [Download](#)

Mare Nostrum Elements is seeking male and female performers for "LAST CHANCE", a new interdisciplinary work combining dance and theater, conceived, choreographed and directed by Kevin Albert set to premiere in April 2014.

"LAST CHANCE" explores the moment in life where the concepts of Right vs. Wrong are disrupted. Expectations are dashed and what we project for our uncertain future is replaced by the reality that unfolds with time.

Following the signature method "The Wave Within", MNE's co-founders Nicola Iervasi and Kevin Albert will lead the workshop as well as explore movement for the upcoming production. This is a non-competitive and nurturing occasion to get familiar with "The Wave Within" method, Mare Nostrum Elements rehearsal process, "LAST CHANCE" and to establish a mutual interest in working together.

Strong dance technique, partnering experience and some acting preferred.

AUDITION WORKSHOPS:

Sunday Feb. 2nd: 11:30 – 2pm

Sunday Feb. 9th: 4-6:30pm

Attendance to both classes highly suggested.

CALLBACK:

Tue. February 11: 3-6pm

Location TBA

WORKSHOP FEES:

Sunday, February 2nd: \$25

Sunday, February 9th: \$25

Full Workshop (Both classes): \$40

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The Wave Within – Active tools for performing artists. Nicola Iervasi and Kevin Albert developed The Wave Within method in 2002, as a response to the difficulties that performers often experience when taking acting and dance classes separately.

The Wave Within is a four-step, performance-oriented workshop to help performers find new inspiration while they strengthen their stage presence. Our process, utilizes a mix of Meisner and Grotowsky's acting techniques, contact improvisation, dance theater methods, and body conditioning techniques. We focus on the impact that each explored concept has on the artists so they can build confidence and connect effectively with the audience.

THE 4-STEPS 1) Preparation -- customized warm up based on performers needs 2) Exploration -- finding a personal movement 3) Reviewing -- bringing layers of meaning to personal expression 4) Performance – enhancing the life of each participant's personal, physical creation

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