

Tuesday, March 25, 2014

Work-Study Exchange for Movement Classes

Company: Studio Anya

Location: NY

Compensation: One 4.5 hour shift in exchange for unlimited group classes

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Work-Study exchange for movement classes at a Mind + Body Fitness Studio! Align with grace! Anya is a method for wholeness – linking together many disciplines like Yoga, Pilates, Dance and the Healing Arts into one comprehensive Mind + Body Curriculum called AUM. We are currently seeking committed, hardworking, and customer service- oriented interns to become an integral part of our team. In exchange for one 4.5 hour shift per week, you will have access to free group classes and the unique opportunity to deepen your own mind, body, and spirit connection. Responsibilities include front desk and reception, working with Mind Body Online, marketing projects, and studio maintenance.

Requirements/Qualifications:

3 month minimum commitment. Must sign contract agreeing to terms.

Availability to consistently work at least one morning, afternoon, evening or weekend shift.

Knowledge of Mind Body Online and/or prior front desk experience at a Yoga/Pilates studio, Spa, or Salon preferred.

Marketing experience with Social Media and Blogging writing skills is a plus.

Reliable and trustworthy, well groomed, detail oriented, with a sophisticated phone manner and excellent communication skills

Motivated self-starter who has interest and enthusiasm in the growth and well-being of the studio, its programs, community, and atmosphere.

Job Responsibilities:

Create and maintain an atmosphere of warmth, serenity, and professional integrity in house and over the phone.

Manage Front Desk: Utilizing the Mind Body Online System (MBO), sign clients into classes, purchase client packages, maintain and update appointments: schedule, book, change, confirm and/or cancel bookings.

Answer Phone, service customers and/or take messages.

Assist management with daily maintenance of the studio.

Give detailed descriptions of Studio Anya services, packages, and facility features and actively promote its welfare.

Promote in-house sales of packages and studio offerings,

Run errands when necessary (ie Post Office, Staples, etc.)

Answer guest questions and handle concerns professionally and courteously.

Responsible for opening the studio and preparing the space, or closing the Studio in the evening.

Direct clients to proper areas of the studio (ie: group class, private appointment, etc.) Prepare the space accordingly for hourly renters and/or clients.

What we offer:

FREE Group Anya Signature Classes (Yoga & Pilates Mat Classes and Tone Classes on Pilates Reformer & Chair, Support Wall; Rebounders and more!)

Exposure to our signature Mind+Body education through Curriculum AUM

Urban Zen oasis working environment – unlike any office you will ever work in!

Opportunity to apply for our work study program for our upcoming Fall 200 Hour RYT Anya Teacher Training

How to Apply:

Reply to this opportunity with your resume and a short cover letter describing your experience and interest in interning at Studio Anya to michael@studioanya.com

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