

Thursday, April 3, 2014

Teacher Training: Pilates and Personal Training

Company: Brooklyn Strength

Location: Brooklyn, NY

Compensation: paid teaching hours upon approval

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Our teacher training starts in May! <http://www.brooklynstrength.com/course-description/>

If you are a personal trainer, athlete, yogi, dancer etc looking to broaden your career, or start a new career teaching Pilates and Personal training-we offer a comprehensive Full Mat and Apparatus Pilates certification plus program design and support to be a personal trainer who can create results and keep clients interested and engaged ongoing.

Learn in-depth functional anatomy, program design and classical and contemporary pilates along with safe and effective personal training methodologies. You will graduate able to teach everything from a fast paced fitness class to a rehab session with an elderly or injured client.

Please view the full course and application on our website. This is an accelerated course best suited to prospective students with a background in sports, dance, fitness at a professional level. Students will be expected to do practice hours at the certifying studio between weekend workshops.

Partial Work Study is available for qualified students. All students will also have the ability to earn pay while teaching practice clients. See website for more details.

Please apply on our website in order to schedule an interview.

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