

Friday, March 13, 2015

Barre Group Fitness Instructor

Company: Physique 57

Compensation: competitive + benefits

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Physique 57 is the pioneering leader of fast paced ballet barre fitness classes. We are a rapidly growing company with five studios in the New York City area, Beverly Hills, Dubai, and Bangkok. We offer competitive pay, excellent benefits, and stability in an ever-changing industry.

Our instructors are a high-energy team of dynamic and creative individuals who change the lives and bodies of our clients every day.

As a part of the team, you will teach 12-15 classes per week, including weekends, and availability to travel within the NY area. In the beginning, it is imperative that you stay on for one full year in order to build a following for your classes.

If you are interested in a career that gives you creative freedom, keeps you moving, and always keeps you on your toes, then Physique 57 is definitely for you.

Applicants for Instructor role should possess:

- Love of fitness and wellness
- 1 year of teaching experience
- Background in dance- ballet, jazz or modern preferred
- Knowledge of anatomy and kinesiology (or proper body mechanics)
- Strong communication and interpersonal skills
- Charismatic, motivational and professional personality
- Flexible schedule (early mornings, weekends)

Please submit your headshot and resume and complete our Instructor application on our careers webpage: www.physique57.com/careers

Physique 57

For more information:

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