

Tuesday, June 2, 2015

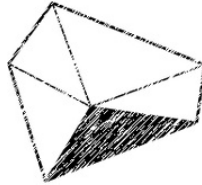
Movement Playdates: Improvisation Sessions

Company: Movement Playdates

Location: Brooklyn, NY

Compensation: Admission is free. Suggested contribution to cover rental costs.

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"Playdates is an invitation to practice, play, and trust."

In this practice we introduce different ideas to work with in improvisation; each session is an exploration of new ways to access a conversation through movement. We call our meetings 'Playdates'. Playdates is a social space, and a platform to develop and explore improvisational ideas. We are all architects of the energy inside the space; we work together to find new ways to improvise within a group and to make a balanced composition. Our goal is to create a space for art development, community, dialogue, and dancing!

In Playdates we use both game and play!

"'Play' is different from 'game.' Play is the free spirit of exploration, doing and being for its own pure joy. Game is an activity defined by a set of rules..." says Stephen Nachmanovitch, in his book *Free Play*. He also defines 'having technique to burn', as having more powerful and flexible means available to us, than we need in any given situation.

Playdates provide a safe place for participants to offer ideas, ask questions, create, dance, and play. We translate these ideas into improvisational games, which are used to develop more techniques that can be accessed during the free play.

Our goal is to create a space for art development, and a community of movers interested in this particular form of improvisation. We want to stimulate a dialogue about movement, about group collaboration, about creativity in dance, about dance!

To Join the Playdates please follow this link [JOIN](#)

www.movementplaydates.com

Movement Playdates
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www.movementplaydates.com

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