

Monday, September 14, 2015

## Physique 57 barre method Instructor

Company: Physique 57

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Physique 57 is the pioneering leader of ballet-barre based fitness classes. We are a rapidly growing company with five studios in the New York City area as well as studios in Beverly Hills, Dubai and Bangkok. We offer competitive pay and excellent benefits within our fast-paced, supportive and entrepreneurial company culture.

Our instructors are a high-energy team of dynamic and creative individuals who change the lives and bodies of our clients every day. Our 200 hour training program produces the most effective and inspiring instructors in the fitness industry.

As a part of the team, you will teach 12-15 classes per week, including weekends. As our business continues to grow through on-line streaming and studio openings across the globe, there are plenty of opportunities to evolve with our company, such as working abroad or being part of our on-line presence. In the beginning, it is imperative that you stay on for one full year in New York City to build a following for your classes.

If you are interested in a career that gives you creative freedom, keeps you moving and is full of plenty of exciting opportunities, then Physique 57 is definitely for you.

Applicants for the Instructor role should possess:

- A love of fitness and wellness
- 1 year of teaching experience
- A background in dance- ballet, jazz or modern preferred
- Knowledge of anatomy and kinesiology (or proper body mechanics)
- Strong communication and interpersonal skills
- Charismatic, motivational and professional personality
- Flexible schedules (early mornings, weekends)

Please submit your headshot and resume and complete our Instructor application on our careers webpage: [www.physique57.com/careers](http://www.physique57.com/careers)

Physique 57

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[< back](#)

[previous listing](#) • [next listing](#)