

Monday, February 22, 2016

## DanceDrama Lab Workshop Series 2016

Company: Anabella Lenzu/DanceDrama

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Todd Carroll

### CHOREOGRAPHY/ COMPOSITION WORKSHOP

March: 6, 13 & 20 (Sundays from 1-4pm)  
at CPR (361 Manhattan Ave, Williamsburg, Brooklyn) New York

#### FACULTY: ANABELLA LENZU

This workshop aims to stimulate students to create their own passionate and original dances, exploring the elements of choreography composition. Expand your creative process by learning how to take risks, transition from thinking to feeling and show others your inner dialogue. Class will also cover aspects of improvising in a supportive atmosphere.

We look not only at what you dance, but also ask the question "Why do you dance?" Dance is the expressive medium of our heart, mind and soul.

CONCLUSION: "It is an honor for me to be able to sustain and support dancers in the delicate task of cultivating their awareness of themselves as individual artists. As we become aware of our passions and strengths, we are able to wake the creative impulse in others. I seek what is essential and want to connect or reconnect people with the joy of dance. Wherever I go, I teach with a human and comprehensive pedagogy in which creativity, ethics and aesthetics are intertwined." – Anabella

Expand your craft and creativity in a exclusive, personalized, tailored program.

Class size is limited to 10 students for the workshop.

TO APPLY: Send resume to [info@AnabellaLenzu.com](mailto:info@AnabellaLenzu.com)

<http://www.anabellalenzu.com/workshops/>

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