

Saturday, April 23, 2016

## reTREAT: a Pushing Progress Teacher Training Program

Company: Pushing Progress Contemporary Dance

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It is time to reCONNECT with yourself, your body, and your passion. Take part in this opportunity to reDISCOVER dance from a new perspective at this 4 day teacher training experience. reTREAT was designed as a way to fill your creative wells, and to gain a new awareness of your own body with information that can be passed along to your students. With a deep focus on the combinational movement mechanics and mindset, we believe that we can train more mindful, connected, and creative dance artists. We believe that training needs to be addressed from a holistic place, sculpting the entire dancers mind, body, and spirit. Come away with us on this truly reSTORATIVE adventure to unlock not only the potential of your students, but more importantly, the potential energy in yourself that has gone untapped.



Calen J. Kurka  
FACULTY



Chris Hale  
FACULTY



Anna Vollmar  
FACULTY



Elani Engelken  
FACULTY

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When: July 24th - July 27th

Where: South Orange, NJ

Faculty: Calen J. Kurka, Chris Hale, Anna Vollmar, Elani Engelken

For more [information](#) on our inaugural event, including costs for participation, and registration, please contact Chris Hale at [chrishale@pushingprogress.com](mailto:chrishale@pushingprogress.com).

Application Deadline is May 1st, 2016.

Pushing Progress Contemporary Dance  
[www.pushingprogress.com](http://www.pushingprogress.com)

For more information:  
Chris Hale  
[chrishale@pushingprogress.com](mailto:chrishale@pushingprogress.com)

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