

Wednesday, September 21, 2016

## AntiGravity® FUNdamentals Teacher Training

Company: ANYA

Location: New York, NY

Compensation: Opportunity to teach after completion of Teacher Training

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The AntiGravity® Aerial Yoga & Fitness Programs are the original Aerial Yoga & Suspension Fitness techniques founded and created by Christopher Harrison. Fundamentals (1&2) are the foundation level courses for all AntiGravity® Fitness programs. Upon successful completion of this 4-day course, you will have the tools to be able to teach 3 unique classes to students. You will also learn how to care for and rig the Harrison AntiGravity® Hammock. This course will open the doors for you to continue your education in the various AntiGravity® Fitness Programs, in addition to the ANYA Training Programs in Yoga & Pilates.

ANYA offers multiple AntiGravity® courses. As a Registered Yoga School, pursuing a training at ANYA will count as Continuing Education Units through Yoga Alliance.

4 Day Training

October 27th, 2016 – October 30th, 2016

Thursday – Sunday

9:00 am – 5:00 pm

TUITION: \$1300

For more information, contact [laura@studioanya.com](mailto:laura@studioanya.com).

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