

Tuesday, November 1, 2016

Pilates Instructor Brooklyn AM/PM

Company: Brooklyn Strength

Location: Brooklyn, NY

Compensation: based on experience

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Brooklyn Strength has shifts available for Certified Contemporary Mat and Apparatus Pilates Instructor with a strong background in fitness, dance and/or athletics needed for group class and private session shifts: Mon-Fri 7am-1: 30pm Wednesday/Thursday PM 4:30-8:30pm

You DO NOT need to be available for ALL shifts but must be available for at least two shifts so clients can easily book twice a week. These shifts have classes and clients ready.

Position is for a currently CERTIFIED or in the process of becoming certified FULL APPARATUS Pilates Instructor. If you are do not fall under the above criteria, please do not apply.

We are looking for an energetic, athletic Pilates instructor with an interest in fitness as well as rehab-based sessions. Interest and experience in rehabilitative private sessions a plus. We have a large number of older clients and clients with chronic pain/postural issues. Strong anatomical background is a must.

Please send full resume and a cover letter IN THE BODY OF THE EMAIL, which describes your teaching philosophy and style. You must email to make an appointment. No calls please. Applicants who arrive late or without an appointment will not be interviewed.

Brooklyn Strength has a unique training style, which encourages clients to experience both Pilates, and Strength and Conditioning (personal training) for better overall health, wellness and fitness. All of our teachers are either certified in both Pilates and Personal Training or are trained in our Conditioning philosophy.

Personal Training certification on its own is often too general and lacks specific experience gained via a long-term fitness certification. Therefore we prefer to hire certified Pilates Instructors with a strong interest in learning and teaching personal training, strength, conditioning and athletic coaching. If you are currently certified in Pilates and Personal training, that is ideal, though you will still be required to attend our Conditioning Philosophy training (which is free).

Brooklyn Strength is a contemporary Pilates and Personal Training Studio located in historic Brooklyn Heights and a Group Class studio in bustling Cobble Hill close to the all trains at Cadman Plaza/Borough hall. Applicants must be confident, responsible, reliable and have an interest in long-term employment and continuing education. We are a small, close-knit work environment with a friendly attitude and an interest in growing and supporting a capable long-term staff. We support continuing education and opportunities for growth for long-term teachers.

Brooklyn Strength
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