

Sunday, January 13, 2019

## 2019 One Body, One Career Countertechnique Intensive coming to Montréal, presented by Springboard Danse Montréal

Company: Springboard Danse Montréal

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Countertechnique and Springboard Danse Montréal are proud to bring the first One Body, One Career Countertechnique Intensive (OBOC) to North-America! After eleven successful editions in Europe and Australia, the OBOC is coming to Montreal from 1 - 12 July 2019. The OBOC 2019 brings together participants from all over the world to delve into Anouk van Dijk's Countertechnique method, to learn invaluable skills for your career and to build connections around the globe.

### DATES

1 - 12 July 2019  
Monday to Friday, 10:00 am - 6:00 pm  
Applicants must be able to attend the full two-week period.

### PROGRAM FEES

\$ 1,300 USD, including 15% taxes  
A one-time registration fee of \$30 USD is required for all applicants.  
*Payment plans are available to those who wish to spread their payment.*

### FACULTY

Anouk van Dijk, Countertechnique Founder  
Niharika Senapati, Senior teacher Countertechnique  
Tom Koch, Alexander Technique Teacher

### APPLY

[springboarddansemontreal.com/countertechnique/](http://springboarddansemontreal.com/countertechnique/)

Applications close at midnight PST on Sunday January 27, 2019. Successful applicants will be notified by Monday February 25, 2019.

Springboard Danse Montréal  
<https://www.springboarddansemontreal.com/countertechnique/>

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