

Thursday, January 3, 2019

BODYROK Instructor

Company: BODYROK

Location: ny

Compensation: \$40 - \$65 / hour

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BODYROK NYC is opening up a second location by Union Square and needs more great instructor to complete our team!

What is BODYROK?

- + Pilates re-designed
- + 40-minute full body, high intensity, low impact workout on our custom BODYROK reformer
- + Increases strength, flexibility, and boosts metabolism

What a BODYROK Instructor Looks Like:

- + Passionate about teaching and helping others
- + Driven, energetic, and hard-working
- + Can multi-task while teaching
- + Commands a room
- + Available to teach 4 (or more) hours weekly
- + Successfully Completed BODYROK Certification

What the BODYROK Certification Process Looks Like:

- + In Studio Training 2 – 7 PM on January 12th, 13th, 19th, and 20th
- + Must attend all 4 days for a total of 20 hours
- + 15 Hours of Post-Training Practice

Instructor Compensation:

- + \$40 - \$65 / hour
- + Part time or Full time (6-15 hours / week)

Interested in joining our team?

- + Reach out ASAP by email or phone to learn more about BODYROK, instructor training, and certification costs!

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[< back](#)

[previous listing](#) • [next listing](#)