

Monday, February 11, 2019

Opportunity for Caregiver with Experience in Movement

Company: Fund for Conductive Education

Location: Riverdale Station, NY

Compensation: \$20 per hour plus paid holidays, etc.

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Opportunity for Caregiver with Experience in Movement

Are you someone with training in Dance, Yoga, Pilates, Gymnastics, other sports or movement disciplines? Interested in Extending the Reach of a Young Woman with Physical & Some Intellectual Challenges?

This opportunity offers occasional part-time work as an enabler for our 30-year-old daughter who uses a wheelchair and walker, yet still relies on daily movement practices to enhance her life. She is a highly motivated, good natured, kind and gentle person who enjoys a large social network, including her volunteer role at the neighboring senior center. She loves to sing and draw, listen to music, hang out at Starbucks and Dunkin' Donuts, go to movies, and report on her daily activities to family and friends.

This part-time position pays \$20 per hour, plus benefits; the work environment includes our daughter's private, highly-accessible apartment, and the surrounding neighborhood of Van Cortlandt Village/Riverdale in the Northwest Bronx.

We employ a team of responsible women, all working part-time. We are looking for dancers and movers that are able to commit long-term, as building a relationship with our daughter over time is an important part of the position. Structure and reliability are important for her. At the same time, as artists ourselves, we understand the nature of freelance life and can work with schedules as they shift, especially after a reliable relationship has been developed. Everyone receives hands-on, on the job training as movement enablers and personal care givers.

Can you envision yourself joining a team of highly-motivated women who play a supportive role in developing her physical and psychological independence? Would you enjoy being a source of learning and connection for her as she strives to stay vitally connected to the world outside of her apartment? Do you have a sense of humor, and the humility to train yourself as an enabler who both teaches and learns as you work? Would you be at ease supporting a person who needs help dressing, bathing, and using the toilet?

A typical day incorporates a carefully tailored personal stretching and strengthening regimen that uses Conductive Education (CE), a specialized movement program that shares in common certain Yoga and Pilates breathing and positioning techniques. It has enabled our daughter to greatly expand her functional movement repertoire, including moving as safely and independently as possible despite her lack of walking balance. Daily movement activities are fundamental to leading a healthy, personally satisfying, and meaningful life for our daughter, who takes pride in her ability to move despite how challenging moving can sometimes be for her.

Requirements:

Available to work one to two days a week as needed from 10am-7pm.

Must live within commuting distance of the NW Bronx. Driver's license a plus, but not required.

Comfortable taking directions, collaborating with peers & working among special needs/disabled individuals.

Please send a very brief e-mail stating your interest and movement qualifications and experience to: corinneosh19@gmail.com

Fund for Conductive Education
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For more information:
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