

Wednesday, March 13, 2019

Group Fitness Instructor

Company: ChaiseFitness

Location: New York, NY

Compensation: To be discussed

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ChaiseFitness is a Pilates-based, boutique fitness studio with two beautiful locations in NYC, and franchises in NJ. At ChaiseFitness we are all about building long, lean muscles, a rock solid core, and having a lot of fun in the process! Our program is unique in that it offers all the benefits of traditional Pilates with the added bonus of improved cardiovascular strength and muscular endurance. We've taken Pilates off its back and added the fun and high energy of group fitness training!

The instructors at ChaiseFitness are the foundation of our company and we are finally able to welcome more awesome people to join our team. We are looking for smart, hard-working, passionate people with dynamic personalities to lead our classes! If you love helping people reach their fitness goals while having fun and rocking out to great music, you might just be who we need!

The ChaiseFitness Certification is a 72-hour program that will run from April 25- May 18, meeting Thursday, Friday, and Saturday each week. In the coming weeks, we will be holding auditions to find our new instructors. During the audition, you will take an abbreviated version of our highly acclaimed Reinvention class. You will also be asked to lead a brief cardio routine (that we will teach you), so we can get a sense your musicality and comfort level in front of a class. The remainder of the session will be spent talking and experiencing your incredible personalities!

Auditions will be held at our Flatiron location (40 E 23rd Street, 3rd FL) at 1:30PM on the following Sundays:

March 17

March 24

March 31

Space is limited so pick the day that works best for you and RSVP ASAP by emailing chaisefitnesscertification@gmail.com.

Most of our current instructors have a dance or fitness background, but anyone with a passion for fitness and helping people should audition. You bring your talents and strong work ethic and we will help you develop the skills you need to be successful. We look forward to meeting you!

ChaiseFitness
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