

Sunday, April 28, 2019

BODYROK Instructors needed

Company: BODYROK
Compensation: \$40-\$65

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BODYROK NYC has opened it's doors at a second location in Union Square and needs more great instructor to complete our team! We're looking for highly motivated, community driven, teachers to teach at both locations a few hours each week. If you're interested, see notes below and reach out to Katie@bodyrok.com or [262/751-3285](tel:2627513285) for more information.

What is BODYROK?

- + Pilates re-designed
- + 40-minute full body, high intensity, low impact workout on our custom BODYROK reformer
- + Increases strength, flexibility, and boosts metabolism

What a BODYROK Instructor Looks Like:

- + Passionate about teaching and helping others
- + Driven, energetic, and hard-working
- + Can multi-task while teaching
- + Commands a room
- + Available to teach 6 (or more) hours weekly
- + Successfully Completed BODYROK Certification

What the BODYROK Certification Process Looks Like:

- + In Studio Training 2 – 7 PM on May 9th, May 10th, May 11th, & May 12th + Must attend all 4 days for a total of 20 hours
- + 15 Hours of Post-Training Practice

Instructor Compensation:

- + \$40 - \$65 / hour
- + Part time or Full time (6-15 hours / week)

Interested in joining our team?

- + Reach out ASAP by email or phone to learn more about BODYROK, instructor training, and certification costs!

BODYROK

For more information:
Katie Panas
Katie@bodyrok.com

[< back](#)

[previous listing](#) • [next listing](#)