

Friday, August 2, 2019

The Performative Voice and Body Workshop

Company: Meredith Glisson Movement

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Ian Douglas

WORKSHOP DESCRIPTION: The Performative Voice and Body is a workshop for actors and dancers who seek to integrate the voice and body into one cohesive practice. By acknowledging that specific disciplines inform one another and enhance a practice of expertise, this workshop will thread together vocal and movement practices to reach a peak performance. The workshop begins with specific vocal warm-ups to activate the body into motion. By focusing on the vocal qualities of projection, pronunciation, pulse, pace, power and pitch, the performer will progressively develop a movement language to match the voice. Movement concepts of rhythmic physicality, emotive incentives and situational scenarios will flip the approach in how to master vocal work and text. Time will be designated for each performer to work on a specific text and movement score. The workshop aims to give the performer a foundation in fusing vocal and movement practices while also building a confidence that allows the expressive performer to emerge.

INSTRUCTOR: Meredith Glisson is a Brooklyn-based movement coach, actor, and choreographer for stage and film. She has presented her work in France, England, Philadelphia and New York and is a selected artist for the C.O.C.A – Center of Contemporary Artists and the Aesthetica Anthology Magazine. She holds her MFA degree in Interdisciplinary Practices from Falmouth University (UK) partnering with dramaturgy, theatre and dance programs in Berlin and Zagreb. She also received her advanced degree in Performance Practices at the national choreographic center in Lyon, France with Compagnie Maguy Marin. She completed her BA degree in Dance and French at Hollins University in the USA.

DATES: Saturday, August 24th @ 12pm - 3pm

LOCATION: Randy Warshaw Dance Studio: 115 Wooster Street New York, New York 10012

COST: 3hr Workshop: \$65 - Early Bird Special paid by August 5th / \$75 - paid after August 5th

DETAILS & REGISTRATION: Please visit: www.meredithglisson.com (click workshops) Questions, please email Meredith: mereglisson@gmail.com

Meredith Glisson Movement
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For more information:
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