Monday, July 27, 2020

Cross Move Lab Improv Jam Friday 7/31

Company: Cross Move Lab
Location: New York, NY

Dancers,

You are invited to join us from wherever you are around the globe for our free improv jam this week!

We hope you will join us at our seventh *No Time Zone* on Friday! This week, we are excited to announce guest artist, Ophra Wolf, as the leader of our jam. Ophra has worked in various contemporary dance and movement fields for decades - including working with some of the early Contact Improvisation dancers (such as Steve Paxton and Lisa Nelson). In her class, you can expect to stretch into and inhabit every aspect of your moving organism with more pleasure, curiosity, and playful surrender. We hope to see you there!

How can you join this event? Please register by emailing us at crossmovelab@gmail.com with *your first and last name, country you reside in, and dance company (if applicable)*. Registration will be open until Thursday at 6PM EST.

What: No Time Zone, an improv jam
When: Fridays at 10AM EST
Where: Zoom
Why: To stay connected
All levels welcomed

Warmly,
Cross Move Lab

P.S.
If you would like to lead one of our improv jams, please let us know!

Cross Move Lab
New York, NY

For more information:
Cross Move Lab
crossmovelab@gmail.com