

Wednesday, December 1, 2021

## Balance Arts Center: Alexander Technique Winter Intensive

Company: Balance Arts Center

Location: New York, NY

Compensation: N/A

► [Share](#) | [Print](#) | [Download](#)



Join us for a week-long intensive to deepen your understanding and embodiment of the Alexander Technique -January 4th-8th, 2022. The Balance Arts Center faculty will guide you to a new and more nuanced understanding of how the AT process as taught at the BAC can help you enhance every aspect of your life and art form.

Program Features:

- Online & In-Person Participation Options
- Daily Masterclass with Ann Rodiger
- Optional Private Sessions with participating faculty

Scholarship Opportunities Available!

Registration is required.

For more information and registration, visit [balanceartscenter.com/winter-intensive](https://balanceartscenter.com/winter-intensive)

Balance Arts Center  
151 W. 30th St, 3rd Floor  
New York, NY, 10001  
6468125390  
[balanceartscenter.com](https://balanceartscenter.com)

For more information:  
Ann Rodiger  
[info@balanceartscenter.com](mailto:info@balanceartscenter.com)

[< back](#)

[previous listing](#) • [next listing](#)