

OUR NEW YORK CITY DANCE

Thursday, March 3, 2022

Experienced Pilates Instructor

Company: Perfect Posture Pilates

Location: Queens, NY

Compensation: Up to \$45.00 per hour depending on experience

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Perfect Posture Pilates is hiring experienced and reliable Pilates Instructor.

To be considered, please have at least 2 years teaching experience with private, duet sessions and small Reformer classes for clients of all age groups and abilities. Also be able to customise your sessions for clients with special needs and injuries, combining both contemporary and classical Pilates repertoire. ** Pre/Post Natal certifications is a big plus.

We are a neighborhood Pilates and wellness studio located in Astoria NY, known for private therapeutic and rehabilitative work as well as body conditioning group classes, with very friendly staff and clientele.

Shifts we are hiring for are Monday mornings , Wednesday eves, Thursday mornings , Saturday and Sundays .

For consideration please email cover letter, and resume to varvara@perfectposturepilates.com

PILATES INSTRUCTOR REQUIREMENTS:

Completion of 500 hour comprehensive Pilates training program both Mat and Equipment a must .

Perfect Posture Pilates 2308 30th ave Queens, NY, 11102 9292969292 www.perfectposturepilates.com For more information: varvara <u>varvara@perfectposturepilates.com</u>

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