

Sunday, October 30, 2022

Bring Your Own Brat: A Movement Playspace

Company: Abrons Art Center

Location: New York, NY

Compensation: Class Tuition is \$160 with sliding scale available for BIPOC participants +\$25 Registration Fee

► [Share](#) | [Print](#) | [Download](#)



Max Branigan

The dance between your desires and the authority of a room.

Bring Your Own Brat is an ongoing performance workshop in embodied expressions of personal needs. Through a series of movement exercises, shared readings, pithy lectures, and writing prompts we will explore the often dismissed archetype of the brat as a persona worthy of re-articulation. Together we will build a shared vocabulary and investigate the dance your desires make when they bump up against the authority of a space or the will of a room. Influenced largely by queer performance theory, experiments in access provision, and feminist pedagogical models, this will be an alert and playful space to dialogue through the asymmetrical ways we are trained to express needs.

Stemming from a craving to perform a tantrum in the face of conditioned modes of being, moving and seeing, Sacha welcomes questioning and negotiating throughout the workshop. Whether your brat emerges through foot stomping, vocal exclamation, a written decree, or total refusal - all are welcome.

No previous dance or performance experience necessary.

LINK TO CLASS: <https://www.abronsartscenter.org/education/workshops/bring-your-own-brat>

THIS CLASS WILL TAKE PLACE IN PERSON AT ABRONS ART CENTER:

466 Grand Street, NY, NY

Tuesdays 6-8PM EST

Nov 1 – Nov 22, 2022

4 sessions

\$160 Tuition

BIPOC sliding scale available

?+\$25 Registration Fee

Sacha Vega is a lens-based artist collaging across performance, video and language with revolving questions around physical training and conscious unlearning. She recently presented her performance work, *The Choice Part*, at Mason Gross Galleries. The performance was made up of 7 performers between the ages of 11-30 dancing as unsupervised pre-teen girls. The rehearsals and the performance explored the group dynamics of control, mastery, and desire.

Her work has been performed and exhibited at The Rutgers Roundhouse, Baxter St at CCNY, Java Project, Pelham Art Center, and 99cent Plus Gallery. She has been featured in publications like *Outline*, *Nylon*, *Lenscratch*, *Der Greif* and *Dossier Journal*. She has been an artist-in-residence at Wassaic Project, Stoneleaf Retreat and ARTHA Project. She is 1/3 of the artist-led initiative *Memory Foam* and collaborates on curating exhibitions, publishing, programming and producing artist interview series. She has created artist-led workshops at Performance Space New York, Zimmerli Museum of Art and AMARDV (Healing through the Arts Summer Program). She graduated with a BFA in Photography and a minor in art history from Pratt Institute. She is currently wrapping up her MFA at Mason Gross School of the Arts at Rutgers University.

Abrons Art Center

466 Grand Street

New York, NY, 10002

<https://www.abronsartscenter.org/education/workshops/bring-your-own-brat>

For more information:

Sophie Traub

theschoolofmakingthinking@gmail.com

