

## FOR ARTISTS

Listings

Sunday, December 4, 2022

### A FULL immersion into DANCE COMPOSITION

Company: Anabella Lenzu

Location: Brooklyn, NY

Compensation: .

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#### 2023 ONLINE CHOREOGRAPHIC MENTORSHIP PROGRAM

A FULL immersion into the creative Act of Choreography

For choreographers, dancers, theater directors, performance artists, filmmakers, and multidisciplinary artists.

FACULTY: ANABELLA LENZU

January, February & March, 2023

DATES:

January 7, 14, 21 & 28

Feb 4, 11, 18 & 25

March 4, 11, 18 & 25

Saturdays from 11am-1pm (NYC time)

Final Online Presentation: Saturday, March 25th at 11am (NYC Time)

Online Choreographic Mentorship Program, is an Online 3-month program where YOU can immerse yourself in the creative process of a NEW choreography study or a short dance film. During the 3 months, participants will be guided and mentored by Anabella Lenzu, international choreographer and teacher with over 32 years of experience.

At the end of the 3 months will be an Online Presentation Showcase (streamed via Zoom) of the Choreographic studies created during the mentorship.

During the weekly encounters online on Saturdays from 11am-1pm (NYC Time), participants will be given prompts to ignite new ideas and challenge your creative process for the creation of new choreographic material.

We explore different topics including: Form and Content, Music and Dance relationship, Ritual Vs. Performance, Text and Dance relationship, Choreographic for the Camera, among others.

Through short in-class assignments and extensive work outside of class, participants will investigate the subject matter that they choose to explore in choreography for the stage or film. We look not only at what we dance, but also ask the question "Why do we dance?"

Each session lasts 2 hours and includes: Focused time on development and experimentation with different techniques of Choreography, exploration and examination of the individual creative process, artistic brainstorming, feedback, as well collaborating with other artists and designers.

By exploring different choreographic methodologies (for live performances as well as for an online audience) the artist will work on a new creation expanding their creative toolbox with the end goal of presenting this material online at the end of the mentorship.

Besides your personal growth, this will be a unique opportunity to connect with other international artists working with deep intensity and strong vision.

Class Structure:

1. Each class starts with a check-in of every participant and presentation and discussion on a topic of Choreography/ Dance Composition (10 minutes).
2. After that, class starts with composition exercises: warm up and exercises exploring elements of Dance Composition. (25 minutes).
3. Showing of Choreographic studies projects being developed during the mentorship. Specific feedback will be administered for homework during the week so you can apply the concepts to your experience. (80 min)
4. End of the class integration and wrap-up (5 min).

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ALL CLASSES VIA ZOOM.

INDIVIDUAL ATTENTION, FEEDBACK, AND GUIDANCE FOR EACH INDIVIDUAL IS PROVIDED.

NO SINGLE CLASSES ARE ALLOWED. EACH PARTICIPANT NEEDS TO REGISTER FOR THE ENTIRE LENGTH OF THE MENTORSHIP.

IN ADDITION TO THE SCHEDULED CLASS TIME, ALL PARTICIPANTS CAN HAVE A ONE-ON-ONE 30 MIN PRIVATE CONSULTATION.

MENTORSHIP SIZE IS LIMITED TO 10 STUDENTS PER WORKSHOP.

TO APPLY: PLEASE SEND A COVER LETTER EXPLAINING WHY YOU ARE INTERESTED IN PARTICIPATING AND YOUR RESUME  
TO [AnabellaLenzu@gmail.com](mailto:AnabellaLenzu@gmail.com) by December 20th, 2022

Supplemental material: In addition to guided choreographic studies, participants will also be provided with personalized links to a wide range of publications and books, as well as video performances and lectures about Dance and Choreography to research.

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