

Friday, March 10, 2023

Spend a week dancing in the Berkshires!

Company: Berkshire Pulse
Location: Housatonic, MA
Compensation: NA

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Sayer Mansfield & Sydney McManus

DEEP DIVE! CONTEMPORARY INTENSIVE

August 14 – 18 | *Advanced teens and undergrad students 17+, adults with advanced contemporary experience*
Monday to Friday, 10am-4pm

with Sayer Mansfield and Sydney McManus

Come to the Berkshires for a week of pleasure, play, and expansive physicality!

Beginning each day with a somatic warmup and contemporary class, this intensive will lead advanced dancers through improvisation, partnering, and workshop spaces. Sayer and Sydney come together to teach and exchange with young, curious minds. As a pair, they hope to deconstruct our habits of what it means to "work" as a dancer and creator. Can we train and create from a place of play and joy? Can we take care while we push our physical and artistic boundaries? These are all questions that are at the core of how they wish to share in this space together.

\$400

Sayer Mansfield is a movement artist, performer, choreographer and teacher. She has spent the past decade dancing with contemporary companies Pilobolus Dance Theater (NYC) and Compagnie Marie Chouinard (Montreal, QC) and is currently working as a freelance artist based in the Berkshires.

Sydney McManus is a freelance multidisciplinary artist residing in Montreal Quebec. Her practice involves dance, performance and design. She spent five seasons with RUBBERBAND Contemporary Dance Company as a performer and educator. Now, she is working as a freelance artist through both individual and collaborative projects. .

*This program is intended for adults with intermediate/advanced dance training who are comfortable with partnering, improvisation, joyful risk-taking, and collaboration.

Tuition assistance is available. For more information and registration, please visit: <https://berkshirerpulse.org/class/contemporary-intensive-for-ages-17/>

ABOUT BERKSHIRE PULSE:

Berkshire Pulse is a not-for-profit organization dedicated to building and strengthening community life through diverse and accessible programming in performing, movement, and creative arts. By promoting participation in these educational and health-sustaining activities, we enrich the lives of families and individuals of all ages throughout the region. For more information, visit <https://berkshirerpulse.org/>

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