

Tuesday, April 4, 2023

The Practice Progress 3rd Annual Summer UNTensive: LESS LIKE BUSY MORE LIKE BODY

Company: Practice Progress/ARCOS Dance
Compensation: Suggested Investment \$35 - \$350

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COME FOR REST AND RECKONING, COME FOR PEDAGOGY AS POLITICS, COME TO LAY DOWN YOUR BUSY BODY AND DANCE INTO REVOLUTIONARY EMBODIMENT.

Join us for this years Practice Progress UNTensive!!

Virtual Gathering: June 15th-18th, 2023

ASL Interpretation and Closed Captioning Available

The Summer UNTensive is a 4 day virtual gathering for body-based artists, students, and teachers offering embodied anti-racist creative practice. With three intertwining streams: Embodied Anti-Racist Practice, Pedagogy For Change, and Creating Worlds, participants can craft their own learning experience including race-based affinity spaces, syllabus workshops, movement practice and more. As anti-racist dance practitioners, our communal call to the field is to get grounded, get fleshy, and get slow together, so that we may deprogram from the violence of the busy.

The UNTensive is programmed by Kai Hazelwood and Sarah Ashkin of Practice Progress, hosted by innovators in dance, technology, and community stewardship, ARCOS Dance, and held by a team of renowned guest artists. Over the 4 day gathering participants will co-learn, co-dream, co-manifest into the embodied future we need and deserve. Let's all get free.

The UNTensive 2023 is supported by the Actions that Promote Community Transformation (ACT) Grant awarded to the MFA in Dance and Social Justice Program at University of Austin, Texas.

Practice Progress/ARCOS Dance
<https://arcosdance.com/workshops/>

For more information:
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