

Friday, August 11, 2023

## Fully Certified Apparatus Pilates Instructor

Company: Chaise Fitness

Location: New York, NY

Compensation: starting at \$40/hour

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ChaiseFitness has been serving the Upper East Side for over 15 years with a dedicated following of clients. ChaiseFitness is seeking a comprehensive full apparatus certified pilates instructor. You should be well versed from beginner to advanced in all apparatus as well as an understanding of common ailments & injuries, and pre/postnatal work. You will be expected to work with a wide variety of established clientele.

Our studio uses new balanced body Allegra II reformers/towers with infinity footbars. This is an opportunity to learn from exceptional second-generation master instructors. We pride ourselves in fostering relationships with one another and encouraging continued education between one another.

There is also opportunity to grow with our brand through our group class/reinvention method program with potential to teach group classes and/or implement the method into your private sessions. Schedule needed is as follows, but can be discussed. At least 2 shifts required.

Tuesdays 7am-10am

Fridays 7am-1pm

Saturdays 9am-1pm

Sundays 8am-2pm

Interested candidates please email your resume to [rachel@chaisefitness.com](mailto:rachel@chaisefitness.com)

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